



1^ο ΠΑΝΕΛΛΗΝΙΟ ΔΙΕΠΙΣΤΗΜΟΝΙΚΟ ΣΥΝΕΔΡΙΟ

ΚΕΝΤΡΑ ΠΡΟΛΗΨΗΣ ΤΩΝ ΕΞΑΡΤΗΣΕΩΝ & ΠΡΟΑΓΩΓΗΣ ΤΗΣ ΨΥΧΟΚΟΙΝΩΝΙΚΗΣ ΥΓΕΙΑΣ



ΚΕΝΤΡΑ ΠΡΟΛΗΨΗΣ ΤΩΝ ΕΞΑΡΤΗΣΕΩΝ ΚΑΙ
ΠΡΟΑΓΩΓΗΣ ΤΗΣ ΨΥΧΟΚΟΙΝΩΝΙΚΗΣ ΥΓΕΙΑΣ

The Centre for the prevention of addictions and the Promotion of Psychosocial Health “Seirios” (central and eastern sector) is a non-profit organization based in the Municipality of Thessaloniki that covers the needs of the general population of the six municipal districts of Thessaloniki. The centre was founded in February 2000 in collaboration with OKANA (Organisation Against Drugs), the Municipality of Thessaloniki, local authorities and other social organisations of the city.

The Prevention Centres “Seirios” fulfill a series of Preventive and Informative interventions, after researching the needs of the local community. Our aim is the prevention of all forms of addiction, the promotion psychosocial health and the adoption of a healthy life style.

Prevention interventions are aimed at the school community, the family, and all the organized humanitarian structures of the wider community.

Efforts to address the causes that breed and reproduce a problem such as addiction, focus on creating an environment for young people that includes all the preconditions and all the conditions that promote healthy life styles and positive patterns of behaviour.

When a young person can communicate, express their feelings, have meaningful relationships, engage actively in issues that concern him, take initiatives and responsibilities and feel accepted and supported by others around him, then the possibility of developing self-destruction behaviours decreases.

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